

HEALING OF THE MIND

"My life, My victory"



By Johnson Crystal..

Healing of the MIND.

(Our heart is God's home, Our mind is a battlefield.)

Our mind is the connection between our soul, spirit and body. The spirit of God in us ministers to us through the mind. Our mind spontaneously precedes our actions. Our limitations in life are carved out from the mind. Our minds give birth to the thoughts we think.

Even as a Christian, serving God starts up with a renewal or change of mind. Our minds must have been subjected to lots and lots of pains, stress, fear, traumas and even down to misleading concepts like; fallacies, evil thoughts, disbelieves, lies, limitations, negativities and etcetera.

Sometimes we now find it difficult moving on with life. We now struggle with believing the truth, we most times see our mind conceding thoughts and imaginations that are corrupt, threatening and even frustrating. Our minds can make life miserable if not taken care of. We struggle with compulsive sins and habits sometimes because of how unequipped and corrupted our minds are. We can't just get the evil thoughts off our head. Even down to our daily life activities, we limit ourselves with poor mindset. We assume we can't do great things maybe due to past failures, present challenges or from our pessimistic perception. Great people are people with great minds.

Generally as an individual we need a renewed mind to attain self-control, self discipline and an effective willpower. Healing of the mind has to do with replacing the old negative thoughts with positive ones. It involves recognizing your mind as an important sector in your life. We should watch what we feed our minds with. The mind can only act on what it has been fed with.

Healing of the mind is not an event, its more of a process. It has to do with activities that edify the mind. Our words can really affect our mind. We have to speak to our mind daily, When those negative thought of failure, bad habits, lust, pride, envy etc comes, silence it with the word. The word of God is most effective. There is power in the voice and word of God.

Renewal of the mind through reading the bible is a perfect start. The bible has said "who the son of man has set free is free in deed" this is what our mind needs. Powerful words that can replace the old weakening ones. Pray to God for the healing of the mind. By his stripes we are healed. The healing power in Christ involves healing of the mind as well. God created us. We can ask him to re-create our minds. Its as easy as possible..

Finally, with this divine healing going on in your mind, you have to be alert enough to withhold every evil thought as soon as they come. 2corinthians 10 vs 4 says our weapons of warfare are not carnal but mighty through God in casting down imaginations and bringing to captive every thought to the obedience of Christ. Entertaining and compromising with bad thoughts is dangerous, we need to be

mindful of this. We will soon get used to having a healed and renewed mind till the extent our mind will start rejecting evil impulses on its own.

Life is always beautiful in Christ. Thank God for this healing ...mon Dieu est bon

(Repentance)

When we hear the word "Repent", it seems so sacred and too biblical to us. Giving our life to Christ (Repentance) is not all about leaving our past life and sins behind and then coming to Christ. Repentance is coming to Christ with an open heart, with our old lifestyle and sins just the way we are. Jesus is the only one who can wash our sins always, change you and then finally give you a new life.

The problem is that we just want to repent on our own strength before coming to Christ. We can't carry the weight of sin alone. Just as a sick man needs a Doctor to heal him so as a sinner needs Christ to save him. A sick man does not heal himself and then goes to the Doctor. He comes to the Doctor with his sickness. Jesus Christ is our Doctor, we are the sinners.

Surrender your life, your strength, your mind, your past, your worries, your sins and your all to Christ. Roll them unto Jesus. He has the key to that change you desire. God is not just interested in repairing and fixing your old man (lifestyle), he is keen to giving you a brand new life through Christ Jesus.

You know, when we give our life to Christ, we are then crucified with him and then resurrected as a new person in him. Old things are passed away. The victory Christ had over life challenges, sin etc is now transferred to us. His righteousness, spirit, power and grace are also imputed into us.

Like we've said, don't wait till you quit a bad lifestyle before giving your life to Christ, come to God with a change of mind, contrite spirit and a repentant heart: it is his work to turn your life around. There is power in the blood of Jesus.

Jesus Loves you and he is willing to forgive all your sins, restore to you what you've lost in the past and make your life BEAUTIFUL!!! ..

(Will Power is God's power)

Willpower is literally one of the strong sources of energy in man. Willpower is one's unwavering strength of will to carry out ones wishes.

Willpower is very necessary for every individual living in this 'difficult world'. We need an effective willpower if we really need to achieve much in life. Even when our physical strength fails or when our physical energy is dehydrated, we use our innate willpower to sustain ourselves. To break free from some harmful habits, we need a bit of willpower. Now when our will hasn't enough power to keep us going, we resort to God's power.

Willpower is God's power.

You know, some forces are beyond our control as humans. Some gripping and destructive habits are stronger than our will. We may not be able to withstand some temptations. We may not be able to resist some offers. We may not be powerful enough to ignore distractions. We may not be tough enough to keep striving, but what willpower can't achieve for us, God's power can. Let God's power be your source of willpower. God's strength is made perfect in our weaknesses 2cor 12 vs 9. Willingly surrender your whole life to Christ. Subjugate your will to his. Remember, "let God's power become your source of willpower" . God is already at work for you. Meditate on this extract meaning from it. God will help you!!.

SELF-CONTROL IS CHRIST-CONTROL

Self control is a virtue. Discipline is the price. The strength of a man is a measure of his ability to control himself. Self-control is one of the most difficult things to acquire in life.

Our DNA, genes, neurons etc are all working to suit themselves.

Our eyes are always searching for beauty.

Our stomach is struggling for satisfaction.

Our personality is vying for perfection.

Our heart is searching for love.

Our soul is aiming for solace and comfort.

Our whole being is always on the verge of finding peace of mind.

Self-control is the driver of all this cravings. We keep struggling with our inner selves. Our flesh is always weak but the spirit is willing. Little or no self-control can cost us our future, our hard earned efforts, dreams, personality. We shouldn't respond to everything that we see, think or hear. Never get to excited, high, carried away, angry, provoked. Bad habits should be handled as well.

Anger and easy provocation can destroy lots and lots of things in your life. Discipline is the price to pay to be self-controlled. We all have to discipline ourselves not to respond to ill emotions and cravings. Watch what and how you eat, talk and react to situations etc. Self Discipline is painful and stressful but we've got to do something.

Self-control is Christ-control.

Self-control is one of the gifts of the Holy Spirit. It takes the grace of God to be self-controlled. For as many as have received Christ, to them he has given the power to become his children. When we give

our lives to Christ, we surrender our character, lifestyle, personality to him. We now let him take full control of everything about us...What Willpower can't do God's grace can. I hope your blessed.

(Our Victory towards Fighting LUST)

Lust is something we don't really want in our life. Lust gives us the false impression about people, life and ourselves. Overcoming lust is a huge boost to a successful youthful life, beautiful relationships, blessed friendships and interactions with people. Most times, we see our mind conceiving evil thoughts, our body reacting to ill responses. Our eyes now mislead us into believing and accepting false impressions. We no longer see the beauty in people; we now see self-gratifying images of the person pertaining to errant sexual desires.

Sometimes, it now seems as if we are born with this innate lustful being. We can't help it. Even when we choose to purify our minds, we still see ourselves lusting the more and we might really trace the root down to what we did in the past or otherwise.

This is the point where we have to accept it and wage war against it. Our life threatening battles are worth fighting for. Firstly, stop comparing yourself with other people. They may not be literally struggling with lust, but I bet you there are myriad of people out there with this similar problem. But what matters most now is you.

1-) Jesus Christ ; accept him into your life sincerely, confess your sins to him. Believe he has forgiven you.

2-) Accept you are struggling with lust and that you have decided to wage war against it.

3-) Healing of the mind; lustful desires involves the corruption of the mind with bad thoughts, imaginations, assertions, beliefs and interest. You need to let Christ cleanse and recreate your mind. Let him make the words of your mouth and meditation of your heart be holy and acceptable unto him.

4-) Discipline; we have to discipline our eyes to what we see, we have to guard our minds and hearts well.

Self-control is Christ-control, willpower is God's power. This discipline involves letting the Holy Spirit take control of your life. The truth is the devil can't possess a spirit filled body.

5-) Cling to the victory of Christ over sin and lust; there may be other physical paths to fighting lust but I strongly believe in the efficacy of the resurrection power of Christ. Fill your mind with the word of God, feed it with positive things.

The devil has lost its victory and grip over your life. Your life now is a testimony. God saved me, he has also saved you. He will still continue saving mankind. Follow up with bible verses like Galatians 2, Romans 6, 7,8,10 2Corinthians 10, etc.

You can share this message across to others. We've gat grace!!!!

(Battling with our mind)

As we already know, our mind is battlefield.

The devil is a roaring lion seeking for minds to devour. Our mind is a battlefield. It is where the devil can either be victorious or defeated in someone's life. But don't be afraid. You have God on your side. God has never lost any battle. The devil can pressurize you into believing Jesus can't forgive your sins maybe because they are numerous or too evil. He can deny you some of your blessings by introducing doubt and faithlessness into you. He can also impute hatred, envy and lustful desires into your mind. These vices may start up like something trivial but will gradually increase beyond your physical control. Even if your mind has been literally poisoned by the devil or anybody. Christ can still heal your mind. Anyone in Christ Jesus is a new creature. Keep saying these words:

Self-control is Christ-control

My Willpower is God's power

My life , my victory

I am self-sufficient in Christ-sufficiency

God has healed my mind!!

Jesus loves me etc

WE THANK GOD FOR HEALING OUR MINDS AND EQUIPING OUR SOULS..

You can ask your questions or contact us +2348101357283 (PSF CARES!!!!)

@My Life, My Victory team!!!