

#### **BETTER STUDENT (2) E-book**

**By Johnson Crystal** 



"I may not be the best student, but i know i am better than whom i used to be"
-Johnson Crystal-

#### Here is our Better students E-book (2).

A collection of articles to guide you towards becoming a better student.

You should not hope for the best and still expect the worst. Hope for the best, prepare for the best and expect the best!! What they call risk, we call it faith!!

Becoming a better student begins with a bold step.

# CHAPTER 1 Becoming a Betterstudent



Has your academic life been frustrated by situations beyond your control?

Has your results been below your expectations?

Does it seem to you like you are or even worse than just every other average student?

Has your academic efforts and struggles been annulled with poor grades?

Has your teachers and lecturers added to frustrating your schooling?

Has your dreams and target as a student been cut short?

Does it look like you are disappointing your parents and sponsors?

Does it look like God is no longer on your side?

Be strong. Don't let your present condition quench the fire in you. Don't let this awesome, special and hardworking part of you be overwhelmed and by the present happenings around you.

Don't accept failure, never give up. You are exceptional.

You may say your own situation is worse than everybody's own. But I tell you, the greater the affliction, the greater the glory.

Give yourself an academic target. Prove your doubts wrong. Becoming a better student is all about accepting whatever comes your way as a student and keep fighting.

Your results can only determine your grades but don't let them decide your fate.

You future is bright. Believe in yourself. God had not given up on you. Stick to his word!!

Keep reading, keep going for classes, keep doing your assignments etc, keep looking ahead.

You are a Better Student for reading this article to this point. You are blessed.

Great and successful people are very few, not everybody can take the bold step to success. You can do that today.

Just believe in yourself. You deserve it.

Don't let your dreams be limited by your weaknesses. Keep fighting.

Your life after school will be wonderful, you'll surely put smiles on the faces of your loved ones. Believe!!!

Take care, I'm waiting to hear your success stories soon!! am proud of you.

@Betterstudents

CHAPTER 2
Excerpt from Better students



Do you wish to be a better student than you were before? Do you wish to make good and better grades?

Success is a thing of the mind. Success can be a relative concept other than an absolute one.

"If someone plans to fail and unfortunately succeeds, can we still call it a success or failure?

Level and choices of success varies from individual to individual, person to person and even student to student.

Now looking from an academic perception, what students call success differs.

Some student might aim wholeheartedly for a second class while some first class and I guess this is why success could be relative.

#### MAKING GOOD GRADES

Despite what one may tag success to be, I believe every student aspires to pass their exams make good grades etc.

Achieving this goal is possible, its a matter of determination.

Some students may say
i'm not intelligent'
'I don't know maths'
'I hate anything calculation'
'I don't understand this course right from time'

All these statements are made out of sentiments, some students just try to attract pity on themselves.

There is power in spoken words you know,

I urge students who make such statements to withdraw from it.

God has created you in his image and likeness, you are intelligent, you can understand maths!!!!

Although we know all fingers are not equal, perhaps we believe that not everybody is born brilliant but do you believe you were born a dummy??.

Let's be more pragmatic now, most of the students who tag themselves as 'not-intelligent' can do what most intelligent students can't.

For instance. Some of these so called non-intelligent student can memorize or rather recite about 15 different football teams with their players yet they believe they can't learn mathematics.

Some can even write down the lyrics of 10 songs each of 20 different musicians. What a wonderful brain.

I know most of us can even do more than this, you are intelligent. Your brain is very much fine you just have to adapt to the way your brain works.

Some students prefer reading alone, some prefer reading with friends, some even read with music on. it depends on how your brain works.

I bet you you've not used up to 5% of your brain, your brain still have free spaces. Don't leave them a tabular rasa.

There are several ways to be a better student and also make good result but let's be a bit more realistic.

Next point is to attend class and making a person reading time table.

I know most of us have been hearing about this for a very long time, perhaps we've been succeeding without them.

But do you know that the Human brain can be tricky sometimes, when you don't attend a lecture, your brain might become obstinate in understanding that course and it will keep looking strange to you and after everything we then end up saying 'I don't understand this course because I wasn't in class'.

Being a successful student is all about changing your mindset and personality academically. it doesn't stop you from enjoying school.

Have you ever been so acquainted with a course or topic that you enjoy reading it?.

You have to make your books your own friend. Your academics is your primary reason for going to school.

What keeps me going is when I remember my parents who are labouring to keep me up and running in school. I guess the only way to pay them back is to study genuinely, focus on my studies and keep persevering.

You've gat to starve your distractions and feed your focus.

Also, we have to pay attention to our exams. it is practically not the true test of knowledge. But we can't just go home with a bad result and start explaining to our parents that exam is not the true test of knowledge.

Although exam cannot fully prove your intelligence but to an extent it can distinguish a student from another student.

We must be prepared before writing our exams, physically, mentally, spiritually and otherwise.

We shouldn't start reading a week before exam, Our preparations should start from the first day till the last day.

You can't expect your head to carry a course that has been thought over 2 months within one week. we'll just end up straining and stressing our brain and finally frustrating yourself.

This article is getting very lengthy and I believe you find it difficult reading long stuffs. Don't worry, we are summarizing.

finally, we need God to survive in school. we need the holy spirit to guide and teach us. we cant never make it on our own. when you make Jesus your no1 in life you will never be the last in life.

Still on the summary, exams can only determine your grades but don't let them decide your fate.

School is not everything, most of the successful people didn't achieve their success through school. it was their personal ability. just try and develop yourself.

Our system of education is poor for sure but don't let it make you give up on your dreams.

Thanks for reading.

## CHAPTER 3 Peer pressure



I'm not moved by PEER pressures, cos I am a pressure my PEERS!!

Things are changing rapidly. People too are changing with time.

Our dreams, aspirations, lifestyles, attitudes, way of life are being altered by this pace of time.

People now tend to adjust and conform to these changes.

Everybody wants to look blessed even when within them they know they are not.

Young people now strive towards just looking good and feeling happy, and indirectly allowing things go wrong.

But you can still stand out and say "I'm not moved by peer pressures, rather I'll be a pressure to my peers"

You can be a pressure to your peers when you are exceptional.

When others are busy in the gym, you are in the library.

While others are making up their faces, you are buckling up in your academics.

When others are busy with solving the problems in their relationships, you are looking for a way to solve the problems of the society.

While others are awake partying, you are awake making discoveries.

While others are making friends, you are making impact.

While others are imagining, you are busy making things real.

Never submit to peer pressure, nothing lasts forever. Be concerned with building up a better you with a brighter future.

Keep fighting, you'll get the pay soon!!

God bless and keep you strong!!

# CHAPTER 4 Looking beyond the classroom



Our sole aim as students is to attain great heights academically. We all want to make the best grades. We all want to leave school with the best certificate. That's the much reason why we should work and study harder.

Despite the fact that we all wish to achieve an outstanding academic prowess, let's still look "beyond the classroom".

Its not literally, looking beyond our classrooms, its all about us preparing our minds for the future ahead of us even while in school. Its all about living in our dreams and sticking with our hopes.

Looking beyond the classroom as a student involves equipping ourselves physically, mentally, emotionally, socially, academically etc in readiness for what tomorrow may bring.

This mindset makes one strong, prepared and focused in life. We are not easily moved by anything. Even when our academic grades are low, we are still focused. We believe, hope and aim for better days ahead.

We are innovative, we have good concepts, we create ideas. You know, ideas rule the world not school grades.

Most successful people in life are not the first class students or the students with the high grades.

We know of prominent people in life who succeeded without school certificates.

Success doesn't come to those that have all it takes to be successful, success comes to those who know how and what it takes to be successful.

Our limitations as students are not that we are not brilliant or that we don't read and understand. Our limitations are just centered on the fact that we don't believe in ourselves.

Make efforts in preparing for the future now. Start building up yourself. Your school grade can never limit you in life. Start looking beyond the classroom.

Finally keep studying and working hard as a better student. Endeavor to leave school with the best grade you can. Never give up on yourself.

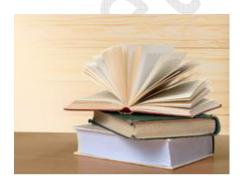
The world is waiting expectantly for your manifestation!! Starve your distractions and feed your focus.

Keep looking beyond the classroom!!.

God is at work for you (believe)

@betterstudents

## CHAPTER 5 Who we are



Hello my fellow students, let's talk about who we are in our school.

Assume that am your teacher. Pay attention to all am going to say; Success is a concept that begins in the mind.

The way you see yourself matters alot.

The way you portray your image is important.

When you have a low academic self-esteem, you will struggle with believing in yourself even down to little academic works .

Most times as students, we see ourself fully depending on people everytime. From solving assignments, classworks, homeworks, tests and even in exams. The funny part of it all is that we are at times better off than these people we are depending on literally.

Am not just saying we shouldn't allow people assist us in school but I'm saying we should build up ourself and also have a good sense of independence.

Like I said earlier. pay attention to me as your class teacher.

Sometimes before entering the exam hall, we students erroneously believe that we would easily forget what we've just read and it makes us panic much. Thereby causing us to do what we never planned to do towards the exam.

I know our brains are not machines. They can fail at anytime but know that your mind can drive your thoughts. A confident mind fears nothing.

When you don't have this self confidence as a student you'll tend to be overly unequipped.

Start believing in yourself. Trust your academic instinct. Configure your self-esteem and work on yourself.

"When you start doing what you fear most, then you can do anything"

Better Students face their world and they Overcome their fears. I urge us to keep working hard and studying hard to attain great heights.

Have faith. God is at work for you!!

@betterstudents

#### CHAPTER 6 Pressure



#### Even in time of school stress, don't get distressed.

Never try to feel too worried about the heavy workload in school. Don't take it too too personal.

its a general problem every other student in your department or school is facing.

Even in class when you are not following up well and it seems like other people are grabbing the whole lecture: relax, relax.

Take a deep breath, relief your body from any pressure.

Don't assume that you are the only one who isn't understanding. Even if you are, it doesn't really mean you'll never understand. Its just a signal for a post lecture study on that course.

We may most likely find ourselves in a classroom filled with students who wants to show off or rather over brilliant students who wants to express themselves.

They will keep answering and answering every single question. Although it does not necessarily mean that those who answer questions are trying to show off.

But nevertheless, don't feel bad with yourself . Keep hustling in silence, your success will make the noise.

Just try and keep trying. Convert all these academic pressures to your success acceleration. Science will always say "Energy is neither created nor destroyed rather its converted from one form to another".

I normally say to myself "I am never moved by peer pressures cos I am a pressure to my peers"

Becoming a better student involves a changed mindset.

Don't be moved by what you are seeing.

Take a walk by faith and not by sight.!!

God is at work for you!! all iz well

@betterstudents

# CHAPTER 7 Taking a stand



Are you feeling like your academic life is literally going down?

Does it seems to you as if you are less serious and studious than you used to be?

Has your actions lately towards your academics been sluggish?

All these things occur in the life of every 'student'.

Looking outside the academic circle, these things also happen to different parts of our life.

That moment when you are not even sure of yourself anymore.

You now see yourself setting the priority of other activities over your academics.

And everything is just happening faster than you imagined.

My Dear student, it the right time for you to sit down, get yourself and your mind in order, take a

deep breath, say a prayer and then start reading with other academic work.

I know it sounds like its easier said than done, but you gat to compensate your academic breakdown with hardwork.

Stand up and take up responsibilities. You can still make the best result. You can still make better results than your previous ones.

God is already at work for you. Believe him and stay focused. Starve your distractions, feed your focus.

Becoming a better student starts with a bold step. Take care.

Hope to hear from you soon.

@betterstudents

# CHAPTER 9 Taking up responsibilities



That point in your academic pursuit when you decide to take up responsibilities as a student.

That moment when you decide to face all your academic fears.

That moment you decide to become a better student than you were.

That moment you stop relying on others for what you can achieve yourself.

That moment you decide to give yourself a try.

When you start doing what you fear the most, then you can do anything. What matters most as a student is your confidence towards who you are now and who you are going to be.

Give yourself a try. You can pass your exams well without literally cheating". You can graduate with good grades without literally doing what is wrong.

I know its difficult "gambling" with our academics in the course of becoming better students but all the same its a personal achievement believing in yourself.

You've gat grace!! @Betterstudents

# **CHAPTER 10 Focusing our Distractions**



As students *(betterstudents)*, we need focus. School nowadays is getting more interesting day by day.

More and more extra co-curriculum activities, programs, sporting events, hangouts, outings, parties, internet access, Clubs etc has added to that.

Even beautiful faces in school, our mobile phones and laptops, 'unserious teachers', football, movies, School Politics, etc on the other hand has also assisted in distracting us.

They say all work and no play makes Jack a dull boy, but ours has now exceeded play, its now madness.

The fact is that every student is a victim of this 'Distraction' including me, but trust me; am a good boy.

Our laptops are not meant for seasonal movies only, And for the guys who go about borrowing game pads, our laptops are not game centers.

Even our mobile phone wasn't programmed just for chatting and taking photos only. Do you know that, we can still be making little money with our phones & laptops in school other than stressing it with games and movies only.

Well, let's not go into that before it will become another money inclined distraction.

So as we were saying, we should try as much as possible to avoid, resist and overcome distractions.

We've gat to starve our distractions and feed our focus.

You mustn't belong to every association or arms in your school. Just stick with what is more meaningful to your life.

Our academics literally is what brought us to school. Getting the whole enjoyment, swagg, fb comments and likes, flattering, public figure, fame without getting a good result before leaving school is something worth crying for.

Let's not be carried away with happenings in school. Activities will come and go but your result (G.P) remains that way. Look beyond what you are seeing.

6,5,4 or 3 Academic years of either seriousness, or unseriousness can cost us a lot in life. Am not saying our academics has the key to our brighter future but it has alot to do with that .

Let's not make this article look very lengthy. I'm just urging us to develop our academic instinct, willpower and self-control towards schooling.

Becoming a better student begins with a change of mind. Its not all easy but we've gat grace.

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#### Chapter 11 ACADEMIC INSTINCT.



We'll be talking about how to build up our Academic Instinct.

Our Academic Instinct is a concept that tells us as a student when to read, where to read and the particular book to read.

Most times our body responds differently to different things at different times. Your Academic Instinct is going to help relate with your academics in-line with your moods, feelings, emotions and mindset.

Academic Instinct can come in form of a feeling. It can also be in form of a sensation. You can just have a feeling that this and this is going to come out in the exam and definitely they will.

You might be given an objective question in a test and your Academic Instinct will help you make the right guesses.

You might be feeling too excited or moody and you'll still be able to discern what to read at that moment with such mood.

When you are feeling sleepy, you should know what to read too.

Your Academic Instinct tells you what academic work to do at each moment.

Not every class or lecture is worth attending.

Not every part of your book is worth studying.

Not every moment in time is worth using to read.

Your Academic Instinct helps you maximize and utilize every single moment you spend doing your academic work no matter how little.

Do you know that someone can prepare for an exam two weeks and still do much better than the person who started his preparation months ago?

Finally, we are not saying working very very hard is not good but all we are saying is that a good Academic Instinct would make things easier.

Try and develop your Academic Instinct. Know what to do at each moment, utilize your time very well.

It's not very easy developing this Academic Instinct, it might take little time but its worth it.

Meet you at the top! God is already at work for you.

@Betterstudents

## CHAPTER 12 Our limitations



We all have our dreams.
We all have our potentials.
We all have our gifts.
We all have our sense of creativity.

But despite all this things, we still have our limitations.

Most times our limitations towards achieving our dreams could be our environment, resources, time, academics, little knowledge and encouragement, age, family background, our physical nature, our past mistakes and failures, our finances and even our fellow human beings.

Sometimes we can't just help it. We just see ourself in such helpless situations.

And it just seems as if our dreams are mere fictions and our hope illusionary. Even when we look at the present economy of our country, it seems all hope is lost!!.

All of these limitations now force us into dropping our dreams and then start aiming for just any job and expecting a salary that can just cater for us and our family only.

Too bad, no wonder they say "life is unfair"

But I'm here to let you know that there's always a light at the end of the tunnel. Never give up on your dreams. Just try and keep trying.

Yes I understand what it means to be fighting towards what seems impossible to achieve but the question is, do you believe in yourself? if you do, then you are good to go.

Success don't come to people who have all it takes to be successful, rather to those who knows what it takes to be successful.

We've gat Grace @betterstudents.

# CHAPTER 13 Our Choices



Some of us as Students are studying what is literally not our dream course. We might find ourselves in a field we never imagined being in.

Our parents, our wrong decisions, our academic flaws, our financial hopes etc may have led us into studying what is not our dream course.

We then finad it difficult connecting our minds, dreams and hope together with this present course of study.

Well, there's still hope for us. There's always light at the end of the tunnel. If you've found yourself in such a situation; don't feel helpless.

If Dropouts from higher institutions and non-educated people can still become the world richest men, then you can still achieve it life despite studying the wrong course of choice.

I'm not justifying your actions, but I'm saying you've gat to forge ahead. Assume you've learnt from your mistakes and move on with life.

Dreams differs, heart desire differs. Don't let your dreams change, let them mature!!.

But believe me, everything worketh together for good to those who believe so. It might be God's plan you are studying the 'wrong' course or it could still be as a result of your personal mistake.

But whichever way it is, it takes a great mind to achieve great things. Don't let ur academic background affect your dreams.

Just try and keep trying. The world is anxiously waiting to hear from you soon!!! Yes! We can!!!.

God is already at work for us (believe).

@betterstudents

# **CHAPTER 14 Standing with our dreams**



We are not giving up on our dreams.
We are not surrendering our fate.
We will keep fighting. We will keep believing.

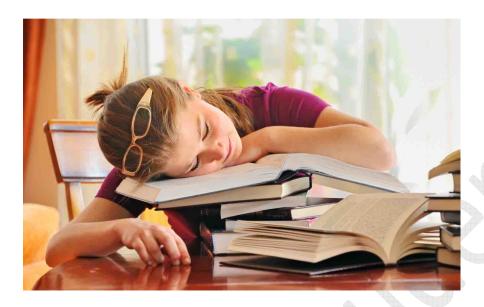
Yes, we may not have all we need to keep standing but we'll try and keep the fire burning.

Yes, we may have fallen but we've decided to get up on our feet.

We are not freedom fighters, we are not martyrs. We are just students who are fighting their way into their better days.

We are better students. @Betterstudents

# CHAPTER 15 Possibility



"Never let your thoughts limit your dreams"

You can have 100% score in an exam!

You can make all A's in an exam!

You can write an exam without assistance and still pass excellently!

You can attend all the classes in a semester.

You can buy all the books you need for the semester.

Everything is virtually possible.

Set a goal that seemed impossible to you and watch yourself soaring high.

Stop limiting your success to mediocrity by saying things like;

" I just want to pass this exam, I don't necessarily need an A"

Although I know its not easy, am also a student.

But I urge us to start aiming at the moon, we might end up shooting a star. Strive for an 'A' u might end up with a 'B'.

Everything is possible with God.

Betterstudents are students who aim to be better than they were.

<sup>&</sup>quot;I want a normal result"

<sup>&</sup>quot;I just want anything in this exam except an 'F'"

I believe I can still make my personal achievements as a student. You too can!!

Stop competing with others, compete to be better than who you used to be before. Be strong.

God is already at work for you!!

I hope to hear your success story soon

@Betterstudents

#### CHAPTER 16 Our Fate



Your teachers can't determine your fate.

Your exams and result can't determine your fate.

Your fate is only determined by you and your creator.

Now have this in mind that your fate is in God's hand and not in the exam hall.

Even when your surroundings are not speaking good of you, still believe in yourself.

Make up your mind to become your hero. Stand up for yourself.

Have this conviction within you that everything will definitely turn out well.

All your effort in life and as a student will never be in vain.

Do the much you can, leave the rest for God.

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# CHAPTER 17 Maturing dreams



"You don't let your dreams change, let them they mature"

What has been your dream? Are your dreams still inline with what you are doing now? Has over aspirations clouded your dreams? Are you still sure you have a dream?

I believe our Dreams don't change, they mature.

It also got to a point in my interesting life that I developed interest in alot of things. I aspired too much.

Then I wanted to be a footballer, an artist, a musician, a scientist, an engineer etc.

Gradually as I was walking down the paths of my life, It also got to a point in this same interesting life of mine when I literally hadn't any dream again. My future was literally blank, I wasn't seeing anything worth pursuing.

I was now asking myself, "what do you really want to be in the future?". And I don't think I answered that question.

I had a problem distinguishing my dreams from my aspirations. Everything was confusing.

Now going back to our topic "Maturing dreams", it is a concept for you to understand the possibility of actualizing your dreams. Perhaps you wanted to be a Doctor and maybe the situations surrounding your academics and education tried limiting you.

Maturing dreams is saying that even if you end up not studying medicine, you could still own the largest hospital in the world.

You didn't let your dreams change, you let them mature, you still actualized your dreams of saving lives.

Maturing Dreams is saying, even if I don't study engineering, I can still own companies where engineering connections are done.

Maturing Dreams is saying, I may not have gotten the privilege of studying law but I can still control legal power in my country.

Maturing Dreams is not accepting defeat when it comes to actualizing ones dream.

I know most students are not studying their "dream" courses. But I believe those students can still reach the goal they've set out even without literally studying the course.

You shouldn't let your dreams change because of your limitations rather you'll let them mature into something bigger because of the believe you have in your dreams.

Most times our aspirations tend to cloud our dreams, we now struggle to get things straight. Maturing dreams is also all about distinguishing your aspirations from your dreams. You should let the weight of your dreams subdue the strength of your aspirations.

I know its kind of tricky distinguishing between the two, but its all about you and what you have inside of you. Believe in your dreams. You've gat grace.

We'll still get back to you, soon!!. Take care

@AsIBeganToDiscoverMyself @Reality talks @Hopeful\_me @Betterstudents



Thanks for going through this ebook.

We don't have an official website yet but you can get updates on our ebooks, quotes, articles etc on how to become a better student here www.hopefulme.ga You can also download our Hopeful Me! ebooks too.



You can also join our better student community in **Our Newroom Social Network** www.ournewroom.com



www.ournewroom.com

# Johnson Crystal Better students



Hello, my name is Johnson Crystal kalu.
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Thanks for reading ...